

YOGA BELT DEMONSTRATION

by iYogaprops

with Senior Iyengar Teacher Mark Gibson from Doutta Galla Yoga Studio dgyoga.com

FEATURED PROP

Doutta Galla Elastic Yoga Belt developed by iYogaprops with Mark Gibson

OTHER PROPS

Kurma Professional Mat iYoga Chair & Benger Snap Buckle Belt Foam Blocks, Bolster, Blanket

































































































